

RECIPE | PEPPERS

GREEN BEANS WITH RED PEPPERS

INGREDIENTS

2 Pure Flavor® Red Sweet Bell Peppers

 $\frac{1}{2}$ lb fresh green beans (to yield 3 $\frac{1}{2}$ cups)/canned/frozen equivalent

½ tbsp. olive oil

½ tsp salt

1 tbsp. balsamic vinegar

Ground black pepper, to taste

DIRECTIONS

- 1. Wash whole peppers and place over flame on grill or gas range (can be carefully broiled on middle rack in oven).
- 2. Turn peppers often to char or blacken most of the skin. This will also cook the peppers on the inside.
- 3. When soft & blackened, place in zip-lock bag or heavy brown paper bag and close. If using brown bag, wrap in heavy towel.
- 4. Allow peppers to cool to a warm, easy to handle temperature. Taking one out at a time, use the back of the knife to remove skin.
- 5. Split open the pepper, remove all inner veins and seeds. Cut the roasted pepper into short strips and set aside.
- 6. Wash and remove stem of green beans.
- 7. Bring water to a rolling boil and steam green beans for 3 to 4 minutes, or until tender and bright green. Remove and place in serving bowl.
- 8. Toss with red pepper strips and season with olive oil, balsamic vinegar, salt and pepper.
- 9. Serve Immediately.

TIP: If using frozen or canned beans instead, skip steaming instructions and follow package directions.



