

RECIPE | EGGPLANTS

SAVORY CLAFOUTI

INGREDIENTS

2 Pure Flavor® Purple Baby Eggplants, sliced into rounds 2 Pure Flavor® Roma Tomatoes, sliced into rounds 1 zucchini, sliced into rounds 4 eggs 1 cup ricotta ³/₄ cup whole milk ¹/₂ cup crème fraiche (sour cream works also) 3 tbsp. all-purpose flour Handful of basil, torn

DIRECTIONS

1. For the batter: whisk together the milk, creme fraiche, and eggs until well beaten and smooth. Add in the flour until just combined, a thin batter will form quickly. Set aside.

- 2. Brush both sides of eggplant and zucchini slices with olive oil. Sprinkle with sea salt and cook on grill pan or in oven (375° F) for 4-6 minutes, turning halfway through.
- 3. Prepare a 9" cast iron skillet with a generous amount of olive oil over medium heat.
- 4. Arrange the tomatoes, eggplant and zucchini in alternating layers in the cast iron skillet and let cook undisturbed for about 3 minutes more.
- 5. Remove from heat and pour the prepared batter from the side so some vegetables are still on the surface.
- 6. Drop the ricotta in 1/4 cup increments evenly across the top.
- 7. Distribute most of the basil on top of the mixture and the sides while pulling away from the skillet.
- 9. Remove from oven and serve with remaining basil on top.



