

RECIPE | EGGPLANTS



ROASTED EGGPLANT WITH MINT SAUCE AND FETA

INGREDIENTS (EGGPLANT)

1 Pure Flavor® White Baby Eggplant 1 tbsp. olive oil ¼ cup feta cheese

INGREDIENTS (SAUCE)

1 clove garlic, minced2 tbsp. olive oil1 tsp lemon juice2 tbsp. chopped fresh mintSalt and pepper to taste

DIRECTIONS

- 1. Cut the Baby Eggplant in half, lengthwise. Score the eggplant, cutting slits into just the flesh (not the skin). Make about 5 cuts diagonally across the baby eggplant. Make another set of cuts diagonally the other way to create a cross hatch pattern. Brush with 1 tbsp. olive oil and set on a baking tray. Bake at 400°F for 35-40 minutes or until tender.
- 2. Meanwhile, combine 2 tbsp. olive oil, lemon juice, mint, garlic, salt and pepper in a food processor until smooth.
- 3. When eggplant has finished cooking, transfer to a serving plate. Top with mint sauce and crumbled feta cheese.

