

Nutrition Facts

4 servings per container

Serving size Per section (113 g)

Amount per serving

Calories

35

% Daily Value*

Total Fat 0.3g 1%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 5mg 1%

Total Carbohydrate 8g 3%

Dietary Fiber 1g 4%

Total Sugars 5g

Includes 0g Added Sugars 0%

Protein 1g not a significant source of protein

Vitamin D 0mcg 0%

Calcium 10mg 1%

Iron 1.5mg 8%

Potassium 300mg 6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

