

# Nutrition Facts

1 serving per container

**Serving size**

**100g**

Amount per serving

**Calories**

**10**

**% Daily Value\***

**Total Fat** 0g **0%**

Saturated Fat 0g **0%**

*Trans* Fat 0g

**Cholesterol** 0mg **0%**

**Sodium** 0mg **0%**

**Total Carbohydrate** 2g **1%**

Dietary Fiber 2g **7%**

Total Sugars <1g

Includes 0g Added Sugars **0%**

**Protein** 1g

Vitamin D 0mcg 0%

Calcium 40mg 4%

Iron 0.6mg 4%

Potassium 470mg 10%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

