

PURE FUN ACTIVITIES

MORNING ROUTINE CHECKLIST

Customize your own daily routine with this daily checklist. We added a few tasks to get you started but, make sure to add your own so you don't forget any of the important ones!

Week of: _____

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Get Dressed							
Eat Breakfast							
Brush Teeth							

Check out more activities at
PURE-FLAVOR.COM

The logo for 'pure flavor' is located in the bottom right corner. It consists of the words 'pure' and 'flavor' stacked vertically in a white, lowercase, sans-serif font. A green leaf-like graphic is positioned between the two words. The entire logo is enclosed within a white circular border. The background of the bottom right corner features a blue gradient with faint, white line-art illustrations of various fruits and vegetables like lemons, oranges, and leafy greens.