RECIPE | CUCUMBERS

AIR FRYER CUCUMBER CHIPS

O 60 min ۳۲ (easy

INGREDIENTS

20 min

PREP. 40 min

COOKING

Pure Flavor[®] Long English Cucumber, sliced ¼ inch thick
cup Italian breadcrumbs
eggs
cup flour
Olive oil spray
Salt and pepper to taste



DIRECTIONS

(1) Preheat air fryer to 350°F.

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- 2 In a medium bowl combine breadcrumbs, salt, and pepper. Set aside
- (3) In a small bowl whisk your eggs. Set aside.
- (4) In a third bowl pour in your flour. Set aside.
- 5 Dredge each slice in the flour, then the egg and then coat with the breadcrumbs.

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- 6 Spray the air fryer basket with olive oil and lay coated cucumber pieces inside.
- Cook for 10 minutes flipping them over halfway thru. Remove when crispy.
- 8 Repeat steps 5-7 for the remaining 3 batches. (approx. 48 chips in total)

