

RECIPE | PEPPERS



BAKED BREAKFAST OMELET

pure
flavor[®]



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BAKED BREAKFAST OMELET



INGREDIENTS

- 8 oz** Pure Flavor® Aurora Bites Mini Sweet Peppers, diced
- 1 dry pint** Pure Flavor® Juno® Bites Red Grape Tomatoes, halved
- 10** button mushrooms, halved
- 6** eggs
- 6 slices** ham, diced
- 1** yellow onion, diced
- ¼ cup** cheddar cheese, shredded

- 1** jalapeno, diced
- 1 tsp** butter
- 1 tsp** olive oil
- 1 tsp** ginger, grated
- ½ tsp** garlic, chopped
- Salt and pepper, to taste

DIRECTIONS

- 1** Pre-heat oven to 400°F. In a skillet on medium-high heat, add butter, ginger, garlic, and mushrooms and sauté for 3 minutes. Add peppers, jalapeno, onions, ham and cook for 2 additional minutes.
- 2** Remove skillet from heat. Season with salt and pepper then add eggs, mix until blended.
- 3** Sprinkle with cheese and bake for 15 minutes or till cooked through and golden brown on top.



30 min

10 min PREP. | **20 min** COOKING



6



easy