



RECIPE | CUCUMBER

# BENTO BOX LUNCH



[PURE-FLAVOR.COM](http://PURE-FLAVOR.COM)

Have a great day!

# BENTO BOX LUNCH

Recipe created by *Christina Iaboni*



## INGREDIENTS

- 1 lb bag** Pure Flavor® Poco Bites® Cocktail Cucumbers, sliced or whole
- 1 lb bag** Pure Flavor® Aurora Bites Mini Sweet Peppers, sliced or whole
- 1 dry pint** Pure Flavor® Sangria® Medley Tomatoes, sliced
- 1 cup** blueberries
- 1 mini whole wheat banana muffin
- 1 apple
- 2 slices whole wheat bread
- 2 slices cheddar cheese

## DIRECTIONS

- 1 Make a cheddar cheese sandwich with 2 slices of bread and add the cheddar cheese, cut in half.
- 2 Add each ingredient in separate compartments.
- 3 You can add a container of Greek yogurt for some extra protein snack.



**10 min**

**10 min** PREP. | **0 min** COOKING



**2-3**



**easy**