RECIPE | CUCUMBER

BENTO BOX LUNCH

INGREDIENTS

10 min

10 min PREP. 0 min

COOKING

Recipe created by Christina laboni

- $\textbf{1}\,\textbf{Ib}\,\textbf{bag}\,\mathsf{Pure}\,\mathsf{Flavor}^{\scriptscriptstyle \circledcirc}\,\mathsf{Poco}\,\mathsf{Bites}^{\scriptscriptstyle \circledcirc}\,\mathsf{Cocktail}\,\mathsf{Cucumbers},\,\mathsf{sliced}\,\mathsf{or}\,\mathsf{whole}$
- $\mathbf{1}\,\mathbf{Ib}\,\mathbf{bag}\,\mathsf{Pure}\,\mathsf{Flavor}^{\scriptscriptstyle \odot}\,\mathsf{Aurora}\,\mathsf{Bites}\,\mathsf{Mini}\,\mathsf{Sweet}\,\mathsf{Peppers},\,\mathsf{sliced}\,\mathsf{or}\,\mathsf{whole}$
- 1 dry pint Pure Flavor® Sangria® Medley Tomatoes, sliced
- 1 cup blueberries
- 1 mini whole wheat banana muffin
- 1 apple
- 2 slices whole wheat bread
- 2 slices cheddar cheese

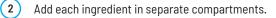


DIRECTIONS

1 Make a cheddar cheese sandwich with 2 slices of bread and add the cheddar cheese, cut in half.

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(3) You can add a container of Greek yogurt for some extra protein.



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