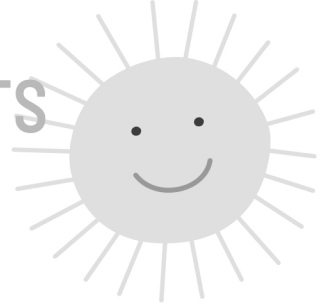




# TRUE OR FALSE TRIVIA FACTS



Circle which answer you think is correct!  
Grab all your friends, your favourite snacks and get playing!

1. True or False? There are over 120 different kinds of cucumber varieties.

**TRUE**                      **FALSE**

2. True or False? Cucumbers are made up of mostly water

**TRUE**                      **FALSE**

3. True or False? Pickles are made from cucumbers.

**TRUE**                      **FALSE**

4. True or False? Cucumbers can make you feel full.

**TRUE**                      **FALSE**

5. True or False? Cucumbers can help cool the body and blood.

**TRUE**                      **FALSE**

6. True or False? Cucumbers are full of vitamins

**TRUE**                      **FALSE**

7. True or False? There can be a twenty-degree difference between the inside of a cucumber and the temperature outside.

**TRUE**                      **FALSE**

ANSWERS  
1. True! There are many different kinds of cucumbers and Pure Flavor® grows 4 varieties in our greenhouses. 2. True! Cucumbers are made up 95% water. 3. True! There are many delicious ways to eat cucumbers and pickles is just one of them. 4. True. Cucumbers are full of fiber that help keep you feeling fuller for longer. So if you're feeling hungry, snacking on some cucumbers is a great way to fill your belly! 5. True! Cucumbers have a cooling and soothing effect on the body. 6. True! Cucumbers contain most of the vitamins a person needs for the entire day!

Completed by:



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FOR KIDS.  
EASY  
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