



RECIPE | TOMATOES

# CHICKEN TACO MASON JAR SALAD



15 min  
PREP.



4



easy

15 min

0 min  
COOKING

## INGREDIENTS

- 1 dry pint Pure Flavor® Juno® Bites Red Grape Tomatoes, halved
- 1 Pure Flavor® Orange Sweet Bell Pepper, chopped
- 12 oz chicken, cooked
- 4 cups romaine lettuce, shredded
- 1 cup red kidney beans, drained and rinsed
- 1 cup of corn
- 1 cup cheddar cheese, shredded
- ½ cup taco sauce
- ½ cup plain non-fat Greek yogurt
- Lime to taste



## DIRECTIONS

- 1 For the dressing whisk together yogurt and taco sauce in a small bowl until completely combined.
- 2 Place an equal amount of dressing at the bottom of each jar.
- 3 Divide the remaining ingredients among the jars, layering them in the following order: chicken, kidney beans, corn, cheese, tomatoes, peppers and lettuce.
- 4 Twist on the top to seal your salads and refrigerate until ready to serve.

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