RECIPE | BERRIES

CHICKEN WITH STRAWBERRY SAUCE

INGREDIENTS

35 min

10 min PREP. 25 min

COOKING

12 oz Pure Flavor® Sweet Blooms® Strawberries, quartered and divided
2 large chicken breasts
4 oz goat cheese
4 tbsp water
2 tsp olive oil
1 tsp balsamic vinegar
1 tsp honey
Dried basil, to taste
Salt and pepper, to taste
Fresh basil, for garnish
4 toothpicks

DIRECTIONS

- 1 Preheat your oven to 350°F.
- 2 Place the chicken between 2 layers of parchment paper and pound it out thinly. Season both sides with dried basil, salt, and pepper.
- 3 Spread half of cheese evenly on one side of each breast and roll up tightly. Use 1 toothpick on each side to keep the rolls tight.
- (4) Heat the oil in a large, oven-safe pan on high heat. Sear the chicken until golden brown on both sides. Transfer to the oven and bake for 15 minutes.

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- a boil. Reduce heat to medium and simmer for 10 minutes until the strawberries break down and the sauce thickens. Remove from heat and stir in vinegar and honey.
- (6) Serve the chicken with strawberry sauce drizzled on top and garnish with basil as desired.



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