

RECIPE | CUCUMBERS



COLD NOODLE SALAD

GREDIENTS

For the Asian Noodle Salad

- 3 Dry Pints Pure Flavor® Uno Bites™ Nano Cucumbers
- 1 Pure Flavor® Red Bell Pepper, thinly sliced
- 10 oz spaghetti noodles
- 2 cups cabbage, finely chopped
- 1 cup green onions, finely chopped
- 1 cup cilantro, finely chopped
- 2 large carrots, grated
- 1/4 cup peanuts
- 1 tsp red pepper flakes squeeze of lime juice

For the Peanut Sauce

- ½ cup peanut butter
- 1/4 cup low-sodium soy sauce
- 3 cloves garlic, minced
- 2-5 tbsp water
- 2 ½ tbsp maple syrup
- 2 tbsp lime juice
- 1 ½ tbsp rice wine vinegar
- 1 tbsp minced ginger
- 1/2 tsp red pepper flakes

DIRECTIONS

- 1. Cook pasta according to package instructions.
- 2. While the pasta is cooking, chop all the vegetables and add them to a large mixing bowl.
- 3. To make the dressing, blend all ingredients until smooth and creamy. Start with 2 tbsp of water and increase up to 5 tbsp to adjust the consistency. It should be pourable.
- 4. When the pasta is finished cooking, drain and rinse under cold water. Drain the pasta again and coat with 3 tbsp of water to prevent sticking.
- 5. Add the pasta to the bowl with the chopped veggies, top with the sauce and mix well.
- 6. Serve right away with tofu, chicken, or on its own.
- 7. Top it with optional garnishes of peanuts, red pepper flakes or a squeeze of lime juice.

