



RECIPE | PEPPERS

COOL BEANS RICE SALAD



pure
flavor®



PURE-FLAVOR.COM

COOL BEANS RICE SALAD



15 min

15 min
PREP.

0 min
COOKING



6



easy

INGREDIENTS

For the salad:

- 1** Pure Flavor® Sweet Bell Pepper, chopped
- 1 dry pint** Pure Flavor® Sangria® Medley Tomatoes, halved
- 4** green onions, sliced
- 16 oz** kidney beans, rinsed and drained
- 15 oz** black beans, rinsed and drained
- 3 cups** basmati rice, cooked
- 1½ cups** frozen corn, thawed
- ¼ cup** fresh cilantro, chopped for garnish

For the dressing:

- ½ cup** olive oil
- ¼ cup** red wine vinegar
- 1** garlic clove, minced
- 1 tbsp** sugar
- 1 tsp** salt
- 1 tsp** ground cumin
- 1 tsp** chili powder
- ¼ tsp** pepper

DIRECTIONS

- 1** In a large bowl, mix the salad ingredients.
- 2** In a small bowl, mix the dressing ingredients and add to the large bowl.
- 3** Garnish with cilantro and chill until serving.