



RECIPE | PEPPERS

COOL BEANS RICE SALAD



15 min

15 min
PREP.

0 min
COOKING



6



easy



INGREDIENTS

For the salad:

- 1 Pure Flavor® Sweet Bell Pepper, chopped
- 1 dry pint Pure Flavor® Sangria® Medley Tomatoes, halved
- 4 green onions, sliced
- 16 oz kidney beans, rinsed and drained
- 15 oz black beans, rinsed and drained
- 3 cups basmati rice, cooked
- 1½ cups frozen corn, thawed
- ¼ cup fresh cilantro, chopped for garnish

For the dressing:

- ½ cup olive oil
- ¼ cup red wine vinegar
- 1 garlic clove, minced
- 1 tbsp sugar
- 1 tsp salt
- 1 tsp ground cumin
- 1 tsp chili powder
- ¼ tsp pepper



DIRECTIONS

- 1 In a large bowl, mix the salad ingredients.
- 2 In a small bowl, mix the dressing ingredients and add to the large bowl.
- 3 Garnish with cilantro and chill until serving.