

RECIPE | MELONS



# CREAMY MELON SALAD



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# CREAMY MELON SALAD



## INGREDIENTS

- 2** Pure Flavor® Solara® Mini Melons
- 2** cooked chicken breasts, roughly chopped
- 8 oz** sliced water chestnuts
- 2 cups** celery, finely chopped
- 2 cups** seedless grapes, halved
- ½ cup** sour cream
- ½ cup** plain yogurt
- 1½ tsp** curry powder
- Salt and pepper, to taste

## DIRECTIONS

- 1** Cut top off melon, leaving  $\frac{3}{4}$  of the melon intact. Using a melon baller or spoon, scoop out flesh and remove seeds. Set melons bowls aside for serving.
- 2** In a large bowl, mix sour cream, yogurt, and curry powder. Add in celery, grapes, and water chestnuts. Fold in melon balls to combine.
- 3** Season with salt and pepper to taste.
- 4** Serve in melon bowls and top with chicken.



**15 min**

**15 min**  
PREP.

**0 min**  
COOKING



**2**



**easy**