

RECIPE | MELONS



# CREAMY MELON SALAD



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# CREAMY MELON SALAD



## INGREDIENTS

- 2 Pure Flavor® Solara™ Mini Melons
- 2 cooked chicken breasts, roughly chopped
- 8 oz sliced water chestnuts
- 2 cups celery, finely chopped
- 2 cups seedless grapes, halved
- ½ cup sour cream
- ½ cup plain yogurt
- 1½ tsp curry powder
- Salt and pepper, to taste

## DIRECTIONS

- 1 Cut top off melon, leaving  $\frac{3}{4}$  of the melon intact. Using a melon baller or spoon, scoop out flesh and remove seeds. Set melons bowls aside for serving.
- 2 In a large bowl, mix sour cream, yogurt, and curry powder. Add in celery, grapes, and water chestnuts. Fold in melon balls to combine.
- 3 Season with salt and pepper to taste.
- 4 Serve in melon bowls and top with chicken.



15 min

15 min  
PREP.

0 min  
COOKING



2



easy