



## RECIPE | MELONS

# CREAMY MELON SALAD



15 min

15 min  
PREP.



2



easy

0 min  
COOKING

## INGREDIENTS

2 Pure Flavor® Solara® Mini Melons  
2 cooked chicken breasts, roughly chopped  
8 oz sliced water chestnuts  
2 cups celery, finely chopped  
2 cups seedless grapes, halved  
½ cup sour cream  
½ cup plain yogurt  
1½ tsp curry powder  
Salt and pepper, to taste



## DIRECTIONS

- 1 Cut top off melon, leaving  $\frac{3}{4}$  of the melon intact. Using a melon baller or spoon, scoop out flesh and remove seeds. Set melons bowls aside for serving.
- 2 In a large bowl, mix sour cream, yogurt, and curry powder. Add in celery, grapes, and water chestnuts. Fold in melon balls to combine.
- 3 Season with salt and pepper to taste.
- 4 Serve in melon bowls and top with chicken.