

RECIPE | PEPPERS



CREAMY PEPPER PASTA

For the roasted pepper sauce: 8 oz Pure Flavor® Aurora Bites Mini Sweet Peppers 1 cup raw cashews, soaked in boiling water for 20 mins

1/4 - 1/2 cup hot water ½ yellow onion, sliced 3 cloves garlic 2 tbsp olive oil 1 tbsp lemon juice 1 tbsp nutritional yeast ½ tsp sea salt

For the pasta: 8 oz Pure Flavor® Aurora Bites Mini Sweet Peppers, sliced 1 package cooked pasta 4 oz broccoli florets, cooked 1 tbsp olive oil Salt and pepper, to taste Vegan parmesan cheese (optional)

Crushed red pepper flake (optional)

DIRECTIONS

- 1. Preheat oven to 400° F. Toss peppers, onion and garlic with 1 tablespoon of olive oil. Spread evenly on a baking sheet, sprinkle with salt and roast until the onion is soft and translucent, about 20-25 minutes.
- 2. Add 1 tablespoon of olive oil to a skillet over medium heat. Add the broccoli and peppers and cook until they are fork tender, about 5-7 minutes. Season vegetables with salt and pepper and remove from heat.
- 3. When vegetables are done roasting, let cool slightly, then peel the peppers and remove the seeds. Add the peeled peppers, onion and garlic to a blender. Drain the soaked cashews and add them to the blender along with 1 tablespoon of olive oil, nutritional yeast and salt. Blend until smooth and creamy. Add hot water a little at a time to thin the texture, scraping down the sides of the blender.

4. Combine the pastas, broccoli and pepper sauce together. Garnish with vegan parmesan and/or red

