

RECIPE | CUCUMBERS

GREENHOUSE GROWN

CUCUMBER MANGO SALAD

1 lb Pure Flavor® Uno Bites™ Nano Cucumbers, chopped

2 Pure Flavor® Tomatoes On-The-Vine, chopped

1 oz Pure Flavor® Stingrays Multi-Colored Hot Peppers, finely chopped

1 large mango, diced

½ cup red onion, finely diced

¼ cup peanuts, chopped

2 garlic cloves, minced

2 tbsp cilantro, roughly chopped

2 tbsp lime juice

1 tbsp oil

½ tsp salt

½ tsp coriander seeds, lightly crushed

¼ tsp ground cumin

1 pinch ground cinnamon and ground cloves

DIRECTIONS

- 1. Combine the cucumbers, onion and salt in a colander and let stand at least 20 minutes.
- 2. Drain cucumbers. In a large bowl combine all ingredients except for the mango and toss in oil.
- 3. Add mango chunks and toss gently.
- 4. Garnish the top with the chopped cilantro and some more peanuts.

