



RECIPE | CUCUMBERS

CUCUMBER PINEAPPLE SMOOTHIE



10 min
PREP.



2



easy

10 min

0 min
COOKING

INGREDIENTS

Recipe created by *Alicia Galantic*

- 1 lb Pure Flavor® Mini Cucumbers, sliced and divided
- 1 lime, juiced
- 3 cups unsweetened coconut water
- 1 cup pineapple, sliced into triangles & divided
- 1 cup fresh mint
- 1 cup ice



DIRECTIONS

- 1 Set aside a few slices of cucumbers and pineapple for garnish.
- 2 Add all remaining ingredients to a high-speed blender and blend until smooth.
- 3 Pour mixture into glasses and garnish with remaining pineapple and cucumber slices on the rim of each glass.