RECIPE | CUCUMBERS



pure flavor

CUCUMBER TOMATO SALAD





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Recipe created by Megan Hutson

1 Pure Flavor® Long English Cucumber, spiralized

1 lb Pure Flavor® Tomatoes On-The-Vine, sliced

²/₃ cup walnuts, chopped

3 tbsp red wine vinegar

2 tsp dried Italian seasoning

1 tsp sea salt



TOTAL TIME

PREP TIME

COOK TIME

SERVES

COOKING LEVEL

- 1. Place spiralized cucumbers and sliced tomatoes into a bowl.
- Toss with red wine vinegar, Italian seasoning and salt until well combined.
- 3. Sprinkle with walnuts immediately before serving.