

RECIPE | CUCUMBERS



# CUCUMBER & FRESH FRUIT MEDLEY

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flavor®



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# CUCUMBER & FRESH FRUIT MEDLEY

Recipe created by *Tanya Anurag*



**15 min**

15 min  
PREP.

0 min  
COOKING



**2**



**easy**

## INGREDIENTS

- 1 lb** Pure Flavor® Mini Cucumbers
- 1** peach, sliced in half
- ½** grapefruit, peeled and sliced into cubes
- ½** apple, sliced into cubes
- 1 cup** black beans, drained and rinsed
- 2 tbsp** honey
- 2 tbsp** roasted walnuts, chopped
- 2 tbsp** raisins
- 1 tbsp** lemon juice
- 1 tsp** black pepper
- Salt to taste

## DIRECTIONS

- 1** Cut one half of the peach into cubes and slice the remaining.
- 2** Slice half of the cucumbers into rounds and dice the remaining.
- 3** Mix honey, lemon juice, salt, and pepper in a large salad bowl.
- 4** Add all remaining ingredients to bowl and toss with dressing.
- 5** Transfer to a serving dish and arrange with sliced peaches and cucumbers to serve.