

RECIPE | MELONS

DUTCH OVEN CREAMY PORK





INGREDIENTS

- Pure Flavor[®] Alonna[™] Canary Melon, sliced
 button mushrooms, sliced in half
 fresh sage leaves, thinly sliced
 yellow onion, diced
 b pork shoulder, cut into chunks
 4 cups beef stock
 cup apple cider
- ½ scup heavy cream
 4 tbsp all-purpose flour
 2 tbsp olive oil
 1 tbsp paprika
 2 tsp minced garlic
 ½ tsp salt
 ½ tsp pepper

(5)



DIRECTIONS

- (1) Preheat the oven to 325°F.
- 2 Add oil to a large Dutch oven and heat over medium-high heat. Add the pork shoulder and season with salt & pepper. Brown the pork on both sides for 5 minutes.
- Turn the heat down to medium-low and add onions, mushrooms, and garlic. Cook for 5 minutes, stirring occasionally until the onion softens.
- 4 Sprinkle over the flour and toss to coat. Pour in apple cider & beef stock, then add fresh sage.

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- Increase heat to medium-high and bring it to a boil, scraping up any bits that might have stuck to the bottom of the pan. Cover and bake in the oven for 60 minutes.
- 6 Remove from the oven and add in the sliced melons and cream. Stir together, place the lid back on the dish and place back in the oven for 20 minutes.
- (7) Remove from the oven and serve warm.



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