

RECIPE | PEPPERS

GREEK SALAD



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Recipe by Mary Harp from Healthy Christian Home.

INGREDIENTS

For the Salad

- 8 Pure Flavor® Aurora Bites Mini Sweet Peppers
- 1 Pure Flavor® Long English Cucumber sliced
- 1 cup Pure Flavor® Juno Bites Red Grape Tomatoes
- 1 head Romain lettuce chopped
- ¼ red onion thinly sliced
- 4 ounces feta cheese crumbled
- 1 cup kalamata olives pitted

For the Dressing

- ½ cup olive oil
- ¼ cup red wine vinegar
- ¼ cup lemon juice freshly squeezed
- 1 tsp. Dijon mustard (optional)
- 2 cloves garlic minced or crushed
- 1 tbsp. dried oregano
- 1-2 tsp. salt to taste
- 1 tsp. pepper



TOTAL TIME

10 minutes

PREP TIME

10 minutes

COOK TIME

N/A

SERVES

8

COOKING LEVEL

Easy

DIRECTIONS

1. Thoroughly wash all produce and vegetables. Roughly chop romaine lettuce and add to a large bowl.
2. Add mini peppers, cucumbers, tomatoes, onion, and olives to the bowl. Crumble feta cheese on top and toss salad thoroughly.
3. To make the salad dressing, add all the dressing ingredients to a small jar. Use 1 tsp. salt, taste dressing, and add more if needed. Shake thoroughly to combine and pour over salad.