RECIPE | TOMATOES

GRILLED EGGPLANT TOMATO SALAD

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INGREDIENTS

30 min

For the salad:

15 min PREP.

15 min

1 dry pint Pure Flavor® Cloud 9® Bite-Sized Fruity Tomatoes, halved
3 Pure Flavor® Craft House Collection® Baby Eggplants, sliced into rounds
½ red onion, thinly sliced
½ cup canned chickpeas
½ cup pita chips
¼ cup pomegranate arils
¼ cup sliced almonds, toasted
2 tbsp olive oil
2 tsp salt
Lemon, quartered, for garnish
Fresh parsley, for garnish
Pomegranate molasses, for garnish

DIRECTIONS

- 1 Sprinkle eggplant slices with salt, let rest for 10 minutes, and pat dry with paper towels.
- Heat barbeque, brush eggplant with olive oil and grill for 5 minutes on each side.
- 3 Add onions to a skillet, and sauté until translucent and set aside.
- Add all dressing ingredients to a blender and pulse until combined.

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Recipe created by Hanan Ghadban

For the dressing: 1 garlic clove ½ lemon, juiced ⅓ cup water 4 tbsp tahini 2 tbsp full-fat plain yogurt 1 tbsp olive oil 1 tbsp parsley 1 tbsp pomegranate molasses ½ tsp salt

5 To serve, place grilled eggplant on the bottom of a serving dish and layer tomatoes, chickpeas, onions, pomegranate arils, toasted almonds, pita chips, and top with dressing.

6 Drizzle with pomegranate molasses and garnish with lemon and parsley, if desired.



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