

GRILLED SAUSAGES WITH AURORA BITES



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8 oz Pure Flavor® Aurora Bites Mini Sweet Peppers, seeded and sliced

6 Italian sausages

6 sausage buns

1 yellow onion, sliced

2 cloves garlic, smashed

4 tbsp whole grain mustard (or Dijon)

2 tbsp olive oil

1 pinch salt and pepper



TOTAL TIME PREP TIME COOK TIME

SERVES

COOKING LEVEL

- 1. Add olive oil, onion, garlic, salt and pepper to a cast iron pan and place on the grill set to medium-high heat.
- 2. When onion has become translucent and aromatic, add mini sweet peppers. Cook until they begin to soften, stirring gently and often.
- 3. Place sausages directly on grill or in cast iron pan. Grill each side for 3-4 minutes until they are golden and have dark grill marks.
- 4. Carefully remove everything from grill. Place one sausage in each bun and top with peppers, onion, garlic and mustard.