

INGREDIENTS

DIRECTIONS

GRILLED SOUTHWEST CHICKEN SALAD

Recipe created by Heather Englund





15 min

Omin COOKING



4



2 dry pints Pure® Flavor Organic Sangria® Medley Tomatoes, halved

1.5 lb grilled chicken breasts, diced

1 large head of romaine lettuce, chopped

1 can of black beans, drained

1 avocado, sliced

2 cups of sweet corn, roasted

1/4 cup green onion, minced

1/4 cup cilantro, chopped

For the Dressing

1 chipotle pepper in adobo sauce

½ cup avocado oil mayonnaise

1/4 cup plain kefir

2 tbsp lime juice

1tbsp coconut aminos

1 tsp garlic granules

½ tsp sea salt

1) Combine the dressing ingredients into a blender and blend until smooth. Set aside until ready to use.

In a large serving bowl, add all the remaining ingredients together. Drizzle with the creamy dressing and toss to combine. Enjoy!

Pro tip: If you want to level up your chicken with a homemade marinade combine ½ cup minced cilantro, juice of 1 lime, 1tbsp extra virgin olive oil, 1 tsp sea salt and 1 tsp of chili powder in a large bowl. Let chicken marinade for 30 minutes prior to grilling.