

RECIPE | TOMATOES



GRILLED TOMATO SWORDFISH

NGREDIENT

Charred tomato basil butter:

1 dry pint Pure Flavor®
Juno® Bites Red Grape Tomatoes
½ cup unsalted butter, softened
2 tbsp basil, thinly sliced
1 tsp high heat oil, such as avocado oil

½ tsp smoked sea salt

Swordfish:

1 – 1 ½ lbs swordfish
1 tbsp high heat oil, such as avocado oil
Salt and pepper to taste

DIRECTIONS

- Heat the grill to medium heat. Toss tomatoes with oil. When the grill is hot, place tomatoes in a grill basket or grill-safe pan and place on grill. Cook until softened and blackened in spots, about 5 minutes. Remove from grill but leave the grill on for the fish. Allow tomatoes to cool completely.
- 2. Brush swordfish with oil and season generously with salt and pepper. Grill for about 3 minutes on each side, or until desired doneness of the fish is reached.
- 3. In a medium bowl, combine the cooled tomatoes, butter, basil and smoked sea salt, lighting smashing the tomatoes to make them burst.
- 4. Transfer swordfish to plates and top warm fish with a the tomato basil butter just before serving.

