

A top-down view of a wooden table with three avocado toasts decorated as monsters. One toast has a stitched mouth, another has a wide grin, and the third has a single eye. Ingredients like radishes, olives, and tomatoes are used for facial features. Decorative items include plastic skeleton bones, a plastic hand, a bowl of tomatoes, and a halved avocado.

RECIPE | PEPPERS

HALLOWEEN BREAKFAST TOAST



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INGREDIENTS

For the Monster Toasts

- 1** Pure Flavor® Red Sweet Bell Pepper, chopped
- 1 dry pint** Pure Flavor® Azuca Cherry Tomatoes, halved
- 1 dry pint** Pure Flavor® Uno Bites™ Nano Cucumbers
- 4** slices of bread, toasted
- 1** can sliced black olives
- 6** pieces whole walnut pieces, for garnish
- 1** radish sliced thinly, for garnish
- 1 cup** blue tortilla chips crushed, for garnish

For the Avocado Spread

- 4** avocados
- 1 tbsp** lemon juice
- Salt & pepper, to taste

DIRECTIONS

For the Avocado Spread

Slice avocados in half, remove the pit and scoop out the flesh into a bowl. Add the lemon juice and a pinch of salt and pepper, then mash with a fork.

For the Monster Toasts

Prepare the peppers, tomatoes and cucumbers and the remainder of the toppings. Use your creativity to cut, chop, diced or slice the vegetables to create the monster faces.

Spread the mashed avocado onto the pieces of toast and decorate them with the toppings to create your monster faces.

Use remaining peppers, tomatoes, and cucumbers as snacking options.



20 min

20 min
PREP.

N/A
COOKING



4



easy