

**TOTAL TIME**

30 minutes

**PREP TIME**

20 minutes

**COOK TIME**

10 minutes

**SERVES**

4

**COOKING LEVEL**

Easy

**RECIPE | TOMATOES**

# HEALTHY LUNCH BENTO BOXES

**INGREDIENTS**

2 pints Pure Flavor® Juno Bites Red Grape Tomatoes  
14 oz Pure Flavor® Mini Cucumbers, quartered  
1lb Pure Flavor® Aurora Bites Mini Sweet Peppers  
6 slices of sliced ham or bologna  
2 slices of cheddar cheese  
2 flour tortillas  
1 cup crackers  
2 cups snap peas  
1 cup Romaine lettuce  
1 cup pretzels  
1 tbsp flavored olive oil

1 cup baby spinach  
1 pear, sliced  
1 cup marbled cheese, cubed  
1 cup dry bowtie noodles  
1 cup blueberries  
1 cup frozen peas  
1 orange, quartered

**DIRECTIONS****Bento 1**

1. Wrap two slices of ham or bologna with lettuce and sliced cheddar cheese in a flour tortilla. Slice in half and hold in place with a toothpick.
2. Fill with fresh, whole Juno Bites, snap peas, and crackers.

**Bento 2**

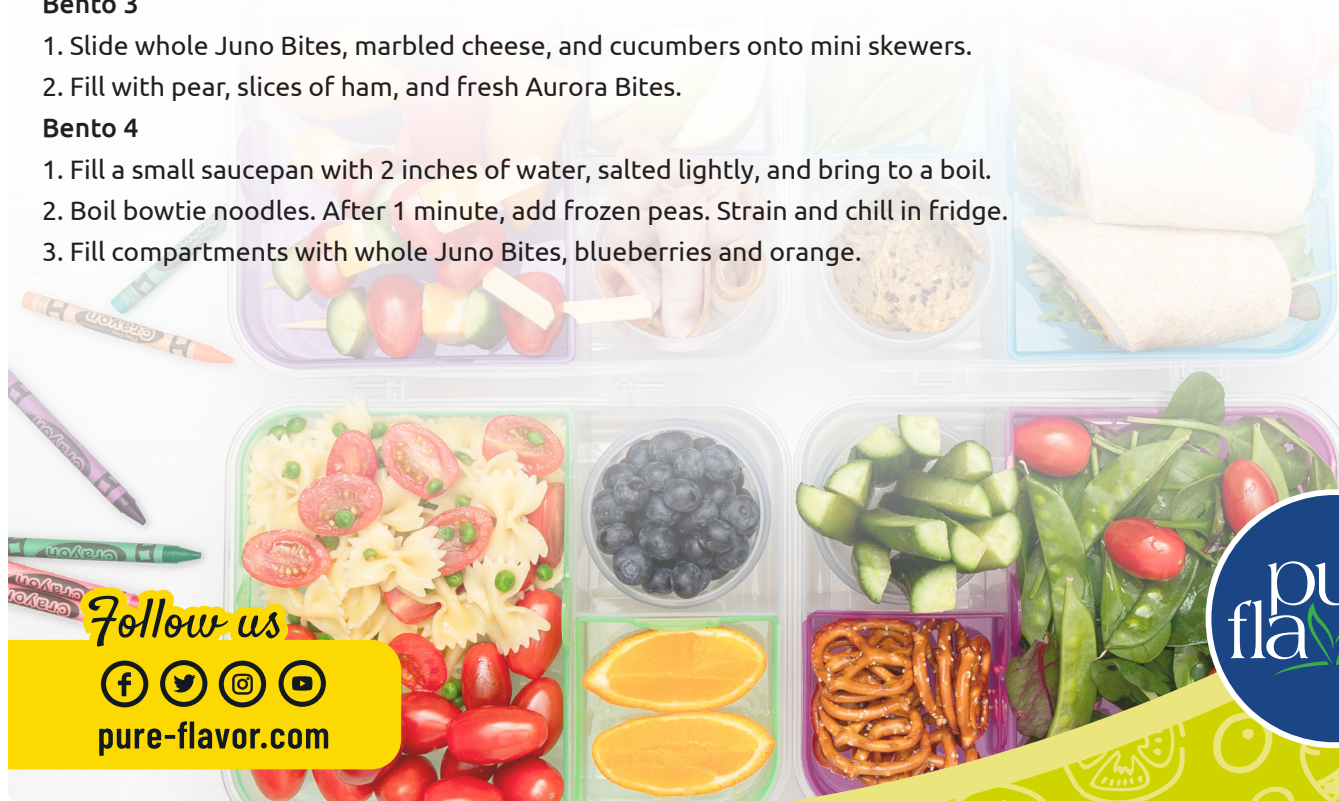
1. Mix Juno Bites with snap peas and baby spinach. Drizzle with flavored olive oil.
2. Fill with fresh Mini Cucumbers and pretzels.

**Bento 3**

1. Slide whole Juno Bites, marbled cheese, and cucumbers onto mini skewers.
2. Fill with pear, slices of ham, and fresh Aurora Bites.

**Bento 4**

1. Fill a small saucepan with 2 inches of water, salted lightly, and bring to a boil.
2. Boil bowtie noodles. After 1 minute, add frozen peas. Strain and chill in fridge.
3. Fill compartments with whole Juno Bites, blueberries and orange.

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