RECIPE | PEPPERS



HEALTHY MINI PEPPER NACHOS



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1 lb Pure Flavor® Aurora Bites Mini Sweet Peppers, seeded, sliced lengthwise

½ lb lean ground beef

1 pack taco seasoning

1 cup Mexican cheese blend, shredded

½ cup red onion, diced

1/4 cup green onion, diced

1 tsp red chili flakes

1 cup salsa

1 cup guacamole

1 pinch salt and pepper, to taste



TOTAL TIME
20 minutes
PREP TIME
10 minutes
COOK TIME
10 minutes

SERVES 4

COOKING LEVEL

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- 1. Heat a pan on medium high heat and cook the ground beef, breaking it up as it cooks and adding ½ of taco seasoning. When browned, add red onion, peppers and remaining taco seasoning. Reduce heat.
- 2. Sprinkle with cheese and cover until melted.
- 3. Garnish with green onion; season with chili flakes, salt and pepper, to taste. Serve with salsa and guacamole.