



RECIPE | BERRIES



HIGH PROTEIN STRAWBERRY BREAKFAST SALAD



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INGREDIENTS

12 oz Pure Flavor® Sweet Blooms® Strawberries, sliced
3 cups spring mix
½ cup quinoa, cooked
1 tbsp olive oil
1 tbsp pumpkin seeds
2 tsp red-wine vinegar
1 tsp garlic, minced
Salt and pepper, to taste



DIRECTIONS

- 1 Whisk the garlic, oil, vinegar, salt, and pepper together in a medium bowl.
- 2 Add spring mix and toss to coat.
- 3 To serve, top with quinoa, strawberries and pumpkin seeds.



15 min

15 min
PREP.

0 min
COOKING



2



easy