

KETO BREAKFAST "HASH"



1 tsp olive oil

1/2 tsp dried thyme

½ tsp dried rosemary Salt and pepper to taste

Parsley, optional for garnish

60 min

15 min PREP. 45 min COOKING



4



easy

12oz Pure Flavor® RedRoyals® Sweet Cherry Tomatoes On-The-Vine

1 bag Pure Flavor® Craft House Collection® Aurora Long Sweet Peppers, cut in half lengthwise

12 breakfast sausages

6 slices thick bacon

4 medium eggs

2 white turnips, cubed

1 Preheat oven to 400°F. Grease a baking pan with non-stick spray.

Toss turnips with olive oil, dried herbs, salt, and pepper together on the pan. Spread out and bake for 15 minutes.

Remove pan from oven, stir the turnips and push into a row at side of pan. Add bacon to one side and sausages into the other side. Lay peppers on top of turnips. Bake for 20 minutes.

Remove pan from oven. Push bacon to one side to make room for eggs. Lay tomatoes on top of bacon, crack 4 eggs on the other side. Bake for 10 minutes and serve immediately!

Pro Tip: Add bacon earlier with turnips for crispy well-done bacon.