



RECIPE | MELONS

LEMON YOGURT DIP WITH MELON



10 min
PREP.



4



easy

10 min

0 min
COOKING

INGREDIENTS

3 Pure Flavor® Solara® Mini Melons
¾ cup plain Greek yogurt
¼ cup lemon juice
3 tbsp cherries, finely chopped
1 tbsp lemon zest
2 tsp maple syrup
1 tsp poppy seeds
Basil flowers, optional for garnish



DIRECTIONS

- 1 To make melon bowl, slice top of one melon, leaving ¾ of the melon intact. Using a spoon, scoop out flesh and set melon bowl aside.
- 2 Combine the yogurt, lemon zest, lemon juice, poppyseeds, and maple syrup in a small bowl, then add to melon bowl and top with cherries.
- 3 Slice remaining melons into wedges.
- 4 To serve, place dip in center of plate and arrange melon wedges around. Garnish melon with basil flowers if desired.

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