



PURE FUN ACTIVITIES

HEALTHY EATING RECIPE

Feeling hungry? Us too! Fill in this recipe with your favorite ingredients and cooking instructions with the correct parts of speech to come up with a truly outrageous meal. Maybe your parents will let you make it!

Not only is this recipe _____ healthy, it's also quite _____. On a _____ day, there's nothing quite like the flavors of _____ and _____ to make you feel _____. First, start by adding _____ in a bowl and mixing it with _____. These are full of important vitamins like _____ that helps your body to _____. Preheat your oven to _____ degrees. Sprinkle _____ in _____ for extra flavor. Mix everything together until it gets _____ and _____. Pour the mixture into a _____ and put it in the oven. Be careful, it's _____. Set a timer for _____ minutes and, while you're waiting, snack on some _____. Healthy snacking all day gives you the energy to _____ all day and _____ all night! Ding! Your _____ is ready! Take it out of the oven _____ and set aside to cool. Call your _____ to the table and get ready to _____ some healthy _____. When you're all done, make sure to clean your _____ before going outside to _____ with your friends!

			
Delicious	Cheese Omelet	Quickly	Eat
Winter	Peppers	Slowly	Dance
Burnt	Parents	Very	Play
Red	Olive Oil	Daily	Run
Healthy	Vitamin C	Carefully	Fly
Twenty	Dishes	Never	Swim
Flavorful	Salt & Pepper	Naturally	Cook
Hot	Cheddar Cheese	Tightly	Jump

Find the symbols matching the part of speech to fill in the missing words. You can pick an example from the list or make up your own answer - just make sure it's the correct part of speech! Note: you do not have to use all of these words listed.

pure
flavor

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