



# PURE FUN ACTIVITIES

## HEALTHY EATING RECIPE

Feeling hungry? Us too! Fill in this recipe with your favorite ingredients and cooking instructions with the correct parts of speech to come up with a truly outrageous meal. Maybe your parents will let you make it!

Not only is this recipe \_\_\_\_\_ healthy, it's also quite \_\_\_\_\_. On a \_\_\_\_\_ day, there's nothing quite like the flavors of \_\_\_\_\_ and \_\_\_\_\_ to make you feel \_\_\_\_\_! First, start by adding \_\_\_\_\_ in a bowl and mixing it with \_\_\_\_\_. These are full of important vitamins like \_\_\_\_\_ that helps your body to \_\_\_\_\_! Preheat your oven to \_\_\_\_\_ degrees. Sprinkle \_\_\_\_\_ in \_\_\_\_\_ for extra flavor. Mix everything together until it gets \_\_\_\_\_ and \_\_\_\_\_. Pour the mixture into a \_\_\_\_\_ and put it in the oven. Be careful, it's \_\_\_\_\_! Set a timer for \_\_\_\_\_ minutes and, while you're waiting, snack on some \_\_\_\_\_. Healthy snacking all day gives you the energy to \_\_\_\_\_ all day and \_\_\_\_\_ all night! Ding! Your \_\_\_\_\_(noun)\_\_\_\_\_ is ready! Take it out of the oven \_\_\_\_\_ and set aside to cool. Call your \_\_\_\_\_ to the table and get ready to \_\_\_\_\_ some healthy \_\_\_\_\_. When you're all done, make sure to clean your \_\_\_\_\_ before going outside to \_\_\_\_\_ with your friends!

			
Delicious	Cheese Omelet	Quickly	Eat
Winter	Peppers	Slowly	Dance
Burnt	Parents	Very	Play
Red	Olive Oil	Daily	Run
Healthy	Vitamin C	Carefully	Fly
Twenty	Dishes	Never	Swim
Flavorful	Salt & Pepper	Naturally	Cook
Hot	Cheddar Cheese	Tightly	Jump

Find the symbols matching the part of speech to fill in the missing words. You can pick an example from the list or make up your own answer - just make sure it's the correct part of speech! Note: you do not have to use all of these words listed.

pure  
flavor

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