

INGREDIENTS

MASON JAR GREEK SALAD

5 15 min

15 min PREP. O min



4



easy

11b Pure Flavor® Mini Cucumbers, sliced into rounds

1 dry pint Pure Flavor® Cloud 9® Bite-Sized Fruity Tomatoes, cut into halves

4 cups arugula, divided

1 small red onion, chopped

8 tbsp quinoa, cooked and cooled

4 tbsp marinated artichoke hearts, sliced

Recipe created by Laura Ashley Johnson

4 tbsp Kalamata olives, sliced

4 tbsp green olives, sliced

4 tbsp feta cheese, crumbled

4 tbsp Greek dressing, divided

Add 1 tablespoon of dressing to each jar.

In the following order add $\frac{1}{2}$ of the onions, 1 tablespoon green olives, and $\frac{1}{2}$ cup arugula. Continue layering 2 tablespoons quinoa, $\frac{1}{2}$ of the tomatoes, $\frac{1}{2}$ cup arugula, 1 tablespoon artichoke hearts, and $\frac{1}{2}$ of the mini cucumbers.

Add 1 tablespoon each of the Kalamata olives and feta cheese. Cover and refrigerate until ready to eat.

DIRECTIONS