



RECIPE | CUCUMBERS

# MEDITERRANEAN CAULIFLOWER RICE SALAD



15 min  
PREP.

15 min

0 min  
COOKING



4



easy

## INGREDIENTS

Recipe created by *Yasmin Benhan*

- 1 dry pint** Pure Flavor® Uno Bites™ Nano Cucumbers, sliced
- 1 dry pint** Pure Flavor® Juno® Bites Red Grape Tomatoes, halved
- 1** Pure Flavor® Red Sweet Bell Pepper, diced
- 3** green onions, finely chopped
- 2** cloves garlic, minced
- 1** lemon, juiced
- ½** red onion, finely diced
- 2 cups** cauliflower rice
- 1 cup** parsley, chopped
- ¼ cup** olive oil
- Salt and pepper, to taste



## DIRECTIONS

- 1** In a large bowl mix cucumbers, tomatoes, peppers, green onions, red onion, parsley, and cauliflower rice.
- 2** To make dressing combine olive oil, lemon juice, garlic and salt and pepper in a small bowl. Mix well.
- 3** Drizzle dressing over salad and toss together until well combined.