



RECIPE | CUCUMBERS

# MEDITERRANEAN SUMMER SALAD



10 min

10 min  
PREP.



2



easy

## INGREDIENTS

**10 oz** Pure Flavor® Poco Bites® Cocktail Cucumbers, sliced  
**1** Pure Flavor® Red Sweet Bell Pepper, sliced  
**1** avocado, diced  
**5 oz** baby arugula  
**½ cup** Parmesan cheese, finely chopped  
**2 tbsp** lemon juice  
**2 tbsp** olive oil  
Balsamic glaze, for garnish  
Salt, to taste



## DIRECTIONS

- 1 In a large bowl, add arugula, cucumbers, and peppers.
- 2 Add lemon juice, olive oil, salt to taste, and toss.
- 3 Add avocado and Parmesan.
- 4 To serve, drizzle with balsamic glaze and enjoy.

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