



RECIPE | MELONS

MELON COCONUT FREEZE



10 min

10 min
PREP.

0 min
COOKING



2



easy

INGREDIENTS

2 Pure Flavor® Solara® Mini Melons, divided
15 oz can cream of coconut
2 cups ice, crushed
Fresh mint, for garnish



DIRECTIONS

- 1 Cut top off melon, leaving $\frac{3}{4}$ of the melon intact. Cut the top portion into wedges and reserve for garnish.
- 2 Using a spoon, scoop out flesh, remove seeds and set melons shells aside.
- 3 Put the melon flesh, cream of coconut, and ice into a blender. Puree until smooth.
- 4 To serve, pour into melon shells, garnish with mint and reserved melon wedges.

Pro Tip: Add $\frac{3}{4}$ cup white rum to the blender with all ingredients to turn this freeze into a cocktail.