

## **INGREDIENTS**

Recipe created by Prashi Srivastava

2 Pure Flavor® Solara® Mini Melons

8 strawberries, sliced

1 lemon, juiced

1 tbsp mint, chopped

1 tbsp cilantro, chopped

1/2 tbsp maple syrup

1tsp pepper

1tsp salt

Fresh mint leaves, optional for garnish



## **DIRECTIONS**

- Halve melons and scoop out the seeds. Using a spoon, scoop out the melon and cut into pieces. Set the melon bowls aside.
- To make dressing, mix lemon juice, maple syrup, salt, and pepper in a small bowl and mix well.
- In a large bowl, combine melon, strawberries, mint, cilantro and dressing.
- To serve, transfer salad mixture to melon bowls and garnish with fresh mint if desired!











