



RECIPE | MELONS

MELON SUMMER SALSA



20 min
PREP.



8



easy

20 min

0 min
COOKING

INGREDIENTS

2 Pure Flavor® Solara® Mini Melons
1 Pure Flavor® Long English Cucumber, diced
2 avocados, diced
1 jalapeno pepper, minced
1 lime, juiced
1 bunch of cilantro, finely chopped
½ red onion, finely chopped
½ orange, juiced

2 **tb**sp pure maple syrup
Salt and pepper, to taste
Tortilla chips, optional to serve

Recipe created by *Caeli-Rose White*



DIRECTIONS

- 1 Halve the melons and scoop out the seeds. Using a spoon, scoop out the flesh, set the melon bowls aside and dice the scooped melon.
- 2 Combine all your chopped ingredients into a large mixing bowl.
- 3 In a small bowl, combine orange juice, lime juice, pure maple syrup, salt, and pepper.
- 4 Pour over your chopped ingredients and mix well.
- 5 Serve immediately with chips if desired.

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