



RECIPE | MELONS



MELON AND PISTACHIO BREAKFAST BOWL

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MELON AND PISTACHIO BREAKFAST BOWL

Recipe created by *Amber Bogardus*



10 min

10 min
PREP.

0 min
COOKING



1



easy

INGREDIENTS

- 1 Pure Flavor® Solara® Mini Melon
- 8 oz coconut flavored Greek yogurt
- ¼ cup blueberries
- 2 tbsp pistachios, chopped
- 2 tbsp honey
- Raw sugar, optional for garnish

DIRECTIONS

- 1 Halve the melon and scoop out the seeds.
- 2 Using a melon baller, scoop out 3 melon balls from each half and set aside.
- 3 Scoop the yogurt into each melon half and top with the removed melon balls.
- 4 Add the blueberries and chopped pistachios to bowls.
- 5 Top with honey and a few flakes of raw sugar, if desired.