



RECIPE | MELONS

MELON AND PISTACHIO BREAKFAST BOWL



10 min

10 min
PREP.



1



easy

INGREDIENTS

Recipe created by Amber Bogardus

1 Pure Flavor® Solara® Mini Melon
8 oz coconut flavored Greek yogurt
¼ cup blueberries
2 tbsp pistachios, chopped
2 tbsp honey
Raw sugar, optional for garnish



DIRECTIONS

- 1 Halve the melon and scoop out the seeds.
- 2 Using a melon baller, scoop out 3 melon balls from each half and set aside.
- 3 Scoop the yogurt into each melon half and top with the removed melon balls.
- 4 Add the blueberries and chopped pistachios to bowls.
- 5 Top with honey and a few flakes of raw sugar, if desired.