RECIPE | TOMATOES LOADED QUINOA SALAD



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LOADED QUINOA SALAD

Recipe created by Rosemary Woods and John Alvarez, The Grand Cantina

For the Salad

12 oz Pure Flavor® RedRoyals Cherry Tomatoes on-the-Vine, halved 1 cup dry quinoa 1 large handful fresh basil + mint 4 radishes, sliced 1 oz canned chickpeas, drained and rinsed 1/4 cup feta cheese, crumbled 1/4 cup toasted pine nuts 2 lime wedges For the Dressing 1/4 cup cuita cu

1⁄4 cup olive oil 2 tbsp red wine vinegar Juice from half a lemon Pepper



TOTAL TIME 25 minutes PREP TIME 15 minutes COOK TIME 10 minutes SERVES 6 COOKING LEVEL Easy

1. Combine all dressing ingredients in a bowl or glass jar. Season with pepper. Keep any left-over dressing in the fridge.

2. Cook the quinoa according to package directions.

3. Spread the cooked quinoa to the bottom of a large bowl. Layer on tomatoes on-the-Vine, basil and mint, radishes, crumbled feta and chickpeas. Add a little of the dressing. Garnish with lime wedges.

INGREDIENTS

DIRECTIONS