

RECIPE I TOMATOES



FLORIDIAN CITRUS SALAD

Recipe by Chef Benjamin Leblanc-Beaudoin of Iron Kettle Bed & Breakfast

INGREDIENTS

- 4 Pure Flavor® Luna Sweets Cocktail Tomatoes, sliced into ¼ thick discs ½ Pure Flavor® Long English Cucumber
- 1 pink grapefruit
- 1 yellow grapefruit
- 2 Cara Cara or navel oranges
- 1/2 small bulb of fennel, cut into thin rings
- 1/4 cup Extra-Virgin Olive Oil
- 2 tbsp freshly squeezed orange juice
- 1 tbsp white balsamic vinegar
- 2 tsp honey
- Kosher salt and freshly ground black pepper
- 2 tbsp chopped fresh parsley

DIRECTIONS

- 1. Using a serrated knife, peel all fruit.
- 2. Slice tomatoes and citrus into 1/4" thick disks.
- 3. Shave fennel and cucumber as thin as possible.
- 4. Mix all ingredients into a mixing bowl and enjoy.

