

RECIPE | EGGPLANTS



SAVORY CLAFOUTI

INGREDIENTS

2 Pure Flavor® Purple Baby Eggplants, sliced into rounds

2 Pure Flavor® Roma Tomatoes, sliced into rounds

1 zucchini, sliced into rounds

4 eggs

1 cup ricotta

3/4 cup whole milk

½ cup crème fraiche (sour cream works also)

3 tbsp. all-purpose flour

Handful of basil, torn

DIRECTIONS

- 1. For the batter: whisk together the milk, creme fraiche, and eggs until well beaten and smooth. Add in the flour until just combined, a thin batter will form quickly. Set aside.
- 2. Brush both sides of eggplant and zucchini slices with olive oil. Sprinkle with sea salt and cook on grill pan or in oven (375° F) for 4-6 minutes, turning halfway through.
- 3. Prepare a 9" cast iron skillet with a generous amount of olive oil over medium heat.
- 4. Arrange the tomatoes, eggplant and zucchini in alternating layers in the cast iron skillet and let cook undisturbed for about 3 minutes more.
- 5. Remove from heat and pour the prepared batter from the side so some vegetables are still on the surface.
- 6. Drop the ricotta in 1/4 cup increments evenly across the top.
- 7. Distribute most of the basil on top of the mixture and the sides while pulling away from the skillet.

