RECIPE | EGGPLANTS SAVOURY CLAFOUTI



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SAVOURY CLAFOUTI

2 Pure Flavor® Purple Baby Eggplants, sliced into rounds
2 Pure Flavor® Roma tomatoes, sliced into rounds
1 zucchini, sliced into rounds
4 eggs 1 cup ricotta
 3⁄4 cup whole milk
 ½ cup crème fraiche (sour cream works also)
 3 tbsp. all-purpose flour Handful of basil, torn



TOTAL TIME 30 minutes PREP TIME 20 minutes COOK TIME 10 minutes SERVES 2-4 COOKING LEVEL Easy

NGREDIENT

- 1. For the batter: whisk together the milk, creme fraiche, and eggs until well beaten and smooth. Add in the flour until just combined, a thin batter will form quickly. Set aside.
- 2. Brush both sides of eggplant and zucchini slices with olive oil. Sprinkle

with sea salt and cook on grill pan or in oven (375° F) for 4-6 minutes, turning halfway through.

- 3. Prepare a 9" cast iron skillet with a generous amount of olive oil over medium heat.
- 4. Arrange the tomatoes, eggplant and zucchini in alternating layers in the cast iron skillet and let cook undisturbed for about 3 minutes more.
- 5. Remove from heat and pour the prepared batter from the side so some vegetables are still on the surface. Drop the ricotta in 1/4 cup increments evenly across the top.
- 6. Distribute most of the basil on top of the mixture and the sides while pulling away from the skillet.
- 7. Remove from oven and serve with remaining basil on top.