

TOTAL TIME 15 minutes PREP TIME 13 minutes **COOK TIME** 2 minutes SERVES **COOKING LEVEL** Easy

RECIPE I CUCUMBERS

SAVORY CUCUMBER **& PEACH SALAD**



REDIEN

1 lb. Pure Flavor® Poco Bites® Cocktail Cucumbers

- 4 medium peaches
- 1 avocado, cut into 1" pieces ⅓ cup pumpkin seeds
- 1/4 cup olive oil
- 3 tbsp finely chopped parsley
- 3 tbsp finely chopped cilantro
- 3 tbsp (or more) fresh lemon juice
- 1 tsp sesame seeds 1/2 tsp coriander seeds 1/2 tsp cumin seeds 1 cardamom pod 1 whole clove 1 Thai chili pepper, finely diced 1 garlic clove, finely grated Kosher salt

DIRECTIONS

- 1. Toast cardamom, clove, coriander and cumin in a dry small skillet over medium heat, tossing occasionally, until fragrant – about 2 minutes. Remove seeds from cardamom pod and discard the pod. Finely grind seeds along with other spices in a spice mill or with mortar and pestle. Mix in a large bowl with chili, garlic, parsley, chopped cilantro, lemon juice and 1/4 cup of olive oil. Season with salt. Add cucumbers and toss. Let sit for 5 minutes.
- 2. Add peaches, avocado and half of the pumpkin seeds to cucumber mixture and season generously with salt. Toss to coat. Taste and adjust seasoning with more salt and/or lemon juice.
- 3. Serve topped with sesame seeds, cilantro leaves and remaining pumpkin seeds.

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